



*[Columbus, OH] From the Stage of Life to the TED Stage – a NEW book from Tamekia Mizladi Smith: Take the Stage: Pre to Post Stage Advice; Coaching and Life Lessons*

***Introduction***

*In her new release, available August 18, 2018, Tamekia Mizladi Smith explores how her own disappointments, wrong turns, and failures groomed her to “Take the Stage.” Weaving her own experience into the key tenets of effective public speaking, Tamekia is a reliable, even humorous witness to success that is hard won. She explains: “When I decided to title this project “Take The Stage,” I meant it on so many*

levels: owning your moment and speaking with confidence while on the stage, but also from the figurative sense of taking your proper position on the stage of life; acknowledging your imperfections and how they are imperative to the process of becoming.

***Author Quotation:*** *“If they tell me no; it won’t be because I didn’t give them an opportunity to tell me yes!”*

***About the Book:*** Divided into Stages, this publication guides anyone who feels they have something to say, but don’t know how to begin. Whether you are intrigued or terrified by the Stage, this publication helps uncover your courage and truth to deliver a moving performance. Each Stage is accompanied by personal experiences that helped shape Tamekia’s honest and inspiring communication.

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***Mini Author Bio :*** Tamekia MizLadi Smith is the founder and CEO of EDU Arts, LLC; with over 20 years of diverse speaking and training experience her provocative approach to educating her audience through various forms of creative arts has made her a sought after speaker. Tamekia is passionate about subjects including but not limited to: Social Determinants of Health, Suicide Prevention, Mentoring, Women and Youth issues. As a speaker for the TED Conference in Vancouver, Canada she was able to present the concept of her “I’m G.R.A.C.E.D” training, which explores the importance of training staff to collect data with compassionate care. ([go.ted.com/tamekiamizladismith](http://go.ted.com/tamekiamizladismith))

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